

DEPARTMENT OF PSYCHOLOGY

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS),
KOLLAM

COGNETHRA 2K18

An Inter-Collegiate Mental Health Fest



17th March 2018
 6.30 pm
 College Auditorium




LIVE performance by **Dr. Sherin V Geroge**
 (Anomalistic Psychologist & Grand Magical Circus Fame)
Music Blast by "The Backup Plan"
Entry Restricted Through Pass

ORGANIZING CREW

Dr. Vincent B. Netto Principal	Rev. Fr. Rolden Jacob Pro-Manager	Dr. Anil Jose P.S. Head of the Department
Dr. Sajimon P.P. Mob : 9895028298	Mr. Fresnal Das Mob: 8075420390	Mr. Sijin K.S. Mob: 9496329125
Mr. Varghese Sam Mob : 8129999232		Mr. M.Ibnu Subair Mob: 9037402342

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THE PSYCHOLOGY DEPARTMENT
 FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS), KOLLAM

Presents
COGnethra
 an eye into cognition



16th & 17th of March, 2018

YOU ARE INVITED...

The Department of Psychology, Fatima Mata National College (Autonomous), Kollam is organizing 'COGNETHRA', an Inter-Collegiate Mental Health Fest on 16th and 17th of March, 2018. We cordially invite students of the various mental health disciplines, namely from the Psychology Departments, the Social works, the nursing, and the educational streams across South-India to take part in the events organized and have fun.

ABOUT US...

We, the Fatima Mata National College, established in the year 1952 is affiliated to University of Kerala and nurtures students from all walks of life. True excellence has always been our prime focus. The Department of Psychology, established in the year 1981, is now seeking to be the unification force amongst the Psychology Fraternity all across Kerala, and to spread its wings into newer horizons. Our department, offers a six-semester graduate as well as a four-semester post-graduate course with a fully functioning laboratory as well. The Department offers extensive Community, Extension, and Consultancy services for our home base with a wide acceptance factor in the mental health community.

MAKE PLANS NOW, TO JOIN US...

- ❖ All the participants must produce their college identity cards.
- ❖ Registration fee for the fest will be Rs. 250 which includes Lunch, Tea, Participation Certificate and complementary entry for one event.
- ❖ Event Registration closes at 10 am on the 16th of March 2018.
- ❖ Events are categorized as closed and open. Closed events are exclusively for students who have atleast one Psychology paper in their respective course and Open events are for college students from any discipline.
- ❖ A participant can compete in a maximum of two closed events and one open event. Participants are expected to register for their events separately with an amount of Rs 100/- event.
- ❖ Accommodation will be provided to the participants only on requisition (please pre-confirm).
- ❖ The College that wins the maximum points will be awarded with an ever-rolling trophy and a Certificate of Merit to their credit.
- ❖ Screening rounds shall be held in case of large number of participants for any event.

EVENT CHART

CLOSED EVENTS	1. BUDDING PSYCHOLOGIST Limited to a maximum of 3 individual entries from each college. A 5-round gruesome duel that will test the overall skills of a psychology student on a predictive scale for a future Psychologist. In short, this event, will be your first test towards proving your meritorious worth as a psychologist, in comparison to your peers. Budding Psychologist Title Prize: Rs 4,000/-	BUDDING PSYCHOLOGIST
	2. THE DEXTER A multistage, time lap event, that tests speed, dexterity and skill in letting your hands reach the spot where your mind is... A battle between the 'limb-mind pair' of the participants... Be prepared to test your eye-hand co-ordination. The Dexter 1st Prize: Rs. 2500/- 2nd Prize: Rs. 1500/-	THE DEXTER
	3. I'M'PERSONA : Role Play Event Live the life of a famous psychologist for the period of an interview. Imagine the likes of Freud, Jung or Adler together on a stage... and this is even more better. You get to be one of them, if you have the courage to participate and also reply as your randomly allotted persona would, to the questions of the interviewers... I'M'PERSONA 1st Prize: Rs. 2500/- 2nd Prize: Rs. 1500/-	I'M'PERSONA
	4. PSY-Q: The Psychology Quotient A quiz that will demand great knowledge to unlock the prizes, in a series of rounds that are hands-on; entertaining and fun filled and at the same time testing your knowledge across the multiple realms of Psychology. PSY-Q 1st Prize: Rs. 3000/- 2nd Prize: Rs. 2000/-	PSY-Q
OPEN EVENTS	5. VOICE OF COGNETHRA A quest extending across time and tides, for the beautiful voice and a rhythmic heart beat; from among the commoners with nothing but passion to their credit... well, we are here to hear you sing in tune, both to a melody from your heart & yet another surprise karaoke from the judges... Are you game ?? VOICE OF COGNETHRA 1st Prize: 2500/- 2nd Prize: 1500/-	VOICE OF COGNETHRA
	6. HY-Q You may have seen quiz programs before... But not one with great odds like this... The event open to students from any discipline, has just one decisional factor - the capacity to answer correctly the questions that come your way... But the bigger question is.. Can you? HY-Q 1st Prize: Rs. 3000/- 2nd Prize: Rs. 2000/-	HY-Q

The Department of Psychology, Fatima Mata National College (Autonomous), Kollam organized the second season of '**COGNETHRA**', an Inter- Collegiate Mental Health Fest on 16th and 17th of March, 2018. We invited students from the various mental health disciplines across country, namely from the Psychology Departments, the Social works, the nursing, and the educational streams to take part in this event mainly to share their talents, skills, and their expertise in the professional areas. Students and faculty from 11 colleges across Kerala made the Fest really a fruitful one. The registration fee for this fest was Rs.250 which included Lunch, Tea, Participation Certificate and complementary entry for one event etc.

EVENTS

There was a total of 6 events, among which 4 were closed events and the 2 events were open to all. The closed events were exclusively designed for students who have at least one Psychology paper in their respective course and the open events are for the college students from any discipline. The college who gains the maximum points awarded an ever-rolling trophy and a certificate of merit to their credit. The contestant for all the events was shortlisted by conducting a screening test. The events are mentioned below. Students from Christu Jyothi College, Chenganassery won the ever rolling trophy for the overall champions.

1. BUDDING PSYCHOLOGIST

2. THE DEXTER

3. I'M'PERSONA

4. PSY-Q

5. VOICE OF COGNETHRA

6. HY-Q

GUESTS

The following dignitaries were participated in various sections of this Fest.

1. **Dr. S. Chithra IAS** (Sub Collector, Kollam)
2. **Ms. Saniya Iyyappan** (Film Actress)

PROGRAMME CHART



DEPARTMENT OF PSYCHOLOGY

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS)

PSYCHOLOGY FEST 2018



INAUGURAL CEREMONY

16th of March 2018 @ 10.30 am

Prayer Song

Welcome Speech	: Dr Anil Jose P. S (Head of the Department)
Presidential Address	: Dr Vincent B. Netto (Principal)
Inaugural Address	: Dr S. Chithra IAS (Sub Collector, Kollam)
Keynote Address	: Rev Fr Rolden Jacob (Pro-Manager)
Felicitations	: Dr Titus A. R (Vice Principal)
	: Ms. Grata Ildaphonse (Vice Principal)
	: Dr. Sherly Williams E (Dean of Science)
	: Mr. Britly Bosco C (Asst. Area Manager, Sami Direct)
Vote of Thanks	: Dr. Sajimon P. P (Asst. Professor, Dept. of Psychology)



STAGE SHOW

This live Anomalistic Psychology show was performed for all the public in the college auditorium on 17th of March 2018 from 7 pm onwards. This show was inaugurated by our college Principal Dr Vincent B. Netto and followed by live performance by **Dr. Sherin V George**. He is a renowned Psychologist and Illusionist who has demonstrated his skills in more than 30 countries of four continents which are Asia, America, Africa, and Europe. After this live performance students performed the live band music event. The programme came to an end by 9.30 pm.





