# DEPARTMENT OF PSYCHOLOGY

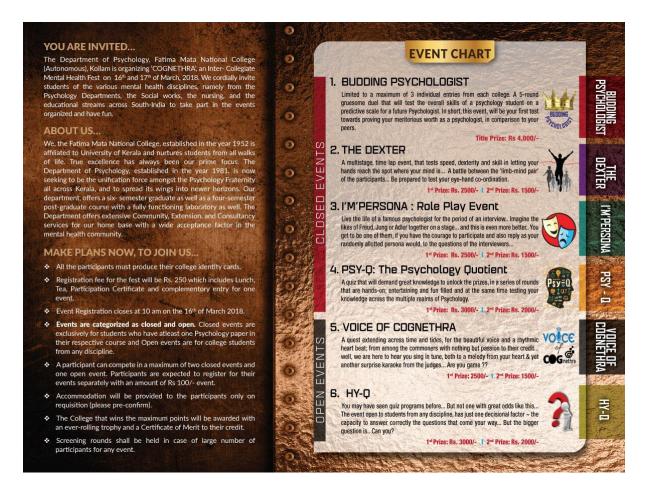
FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS), KOLLAM

# **COGNETHRA 2K18**

An Inter-Collegiate Mental Health Fest







The Department of Psychology, Fatima Mata National College (Autonomous). Kollam organized the second season of 'COGNETHRA', an Inter- Collegiate Mental Health Fest on 16th and 17th of March, 2018. We invited students from the various mental health disciplines across country, namely from the Psychology Departments, the Social works, the nursing, and the educational streams to take part in this event mainly to share their talents, skills, and their expertise in the professional areas. Students and faculty from 11 colleges across Kerala made the Fest really a fruitful one. The registration fee for this fest was Rs.250 which included Lunch, Tea, Participation Certificate and complementary entry for one event etc.

#### **EVENTS**

There was a total of 6 events, among which 4 were closed events and the 2 events were open to all. The closed events were exclusively designed for students who have at least one Psychology paper in their respective course and the open events are for the college students from any discipline. The college who gains the maximum points awarded an ever-rolling trophy and a certificate of merit to their credit. The contestant for all the events was shortlisted by conducting a screening test. The events are mentioned below. Students from Christu Jyothi College, Chenganassery won the ever rolling trophy for the overall champions.

- 1. BUDDING PSYCHOLOGIST
- 2. THE DEXTER
- 3. I'M'PERSONA
- 4. PSY-Q
- 5. VOICE OF COGNETHRA
- 6. HY-Q

#### **GUESTS**

The following dignitaries were participated in various sections of this Fest.

- 1. Dr. S. Chithra IAS (Sub Collector, Kollam)
- 2. **Ms. Saniya Iyyappan** (Film Actress)

### PROGRAMME CHART



# DEPARTMENT OF PSYCHOLOGY

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS)

**PSYCHOLOGY FEST 2018** 



#### **INAUGURAL CEREMONY**

16th of March 2018 @ 10.30 am

Prayer Song

Welcome Speech : Dr Anil Jose P. S (Head of the Department)

Presidential Address : Dr Vincent B. Netto (Principal)

Inaugural Address : Dr S. Chithra IAS (Sub Collector, Kollam)

Keynote Address : Rev Fr Rolden Jacob (Pro-Manager)

Felicitations : Dr Titus A. R (Vice Principal)

: Ms. Grata Ildaphonse (Vice Principal)

: Dr. Sherly Williams E (Dean of Science)

: Mr. Britly Bosco C (Asst. Area Manager, Sami Direct)

Vote of Thanks : Dr. Sajimon P. P (Asst. Professor, Dept. of Psychology)

## **STAGE SHOW**

This live Anomalistic Psychology show was performed for all the public in the college auditorium on 17<sup>th</sup> of March 2018 from 7 pm onwards. This show was inaugurated by our college Principal Dr Vincent B. Netto and followed by live performance by **Dr. Sherin V George**. He is a renowned Psychologist and Illusionist who has demonstrated his skills in more than 30 countries of four continents which are Asia, America, Africa, and Europe. After this live performance students performed the live band music event. The programme came to an end by 9.30 pm.















