

# FATIMA MATA NATIONAL COLLEGE

AUTONOMOUS

(Reaccredited with 'A' Grade by NAAC)

Affiliated to University of Kerala



**7.1.1 Women's cell Report  
2016-2017**

**IQAC** INTERNAL QUALITY  
ASSURANCE CELL

## **REPORT ON GENDER EQUITY PROGRAMMES-2016-2017**

### **Fatima Mata National College, Kollam**

#### **Introduction**

Women who were the most dormant segment of India population have now become active participants in all walks of life. Till now, they were only unit of the family organization. Now, women are becoming not only a significant unit of the society but also influencing the course of social change in society. In modern times, many welfare organizations for the women have sprung up. The women are becoming active members of these organizations and contributing their mite to the women's welfare. Some of the welfare organizations have been formed at the national and state level and most of them are at local level

Women empowerment has become one of the key development objectives in recent times. It is crucial to examine the assumptions under which policies, programs and projects are formulated towards this goal. More recently, the concept of empowerment has been tied to the range of activities undertaken by and for women in different areas, including education

Since the earlier days of its inception, Fatima Mata National College had always been on the forefront with regard to women empowerment activities for the students. Various programs are conducted to empower women and follow-up measures are ensured to certify the success of such initiatives

Women's Study Unit is constituted every year to plan and implement various programs for the welfare of women students. The unit is comprised of lady faculties from various departments of the College. The unit members for the year 2016-17 are attached below

1. Ms. Shalini Mathews (Convener)
2. Ms. Sangeetha Vincent
3. Ms. Linda Pious
4. Ms. Jaya Sunny
5. Ms. Stella. S

The below are the list of programs that were conducted during the year 2016-17 under the spectrum of Women's Study Unit of FMNC. Women students from various departments (Commerce, Economics, Psychology and Polymer

Chemistry) actively participated in the various activities and made them a grand success. 38 students in total participated in various activities

### **List of programs conducted during the academic year 2016-17**

- Panel discussions
- Debates and group discussions
- Individual assignments (surveys)
- Skill-oriented trainings

Below is the detailed report of activities conducted by the Women's Study Unit of FMNC during the academic year 2016-17

#### **1. Introductory meeting**

The introductory meeting was held on 18/1/2017 after class hours (from 3.30 PM to 4.45 PM). The students introduced themselves and they were segmented in to seven groups and each group was assigned various tasks for the smooth performance of the Women's Study Unit.

The group leaders were elected in the meeting

<b>Group</b>	<b>Leader</b>
Group 1	Nilsha A
Group 2	Reeba Raj
Group 3	Vishnu Priya
Group 4	Archana S
Group 5	AmjadhaSalim
Group 6	Jacqueline M
Group 7	GincyVijayan

In total 38 students participated in the meeting. Panel discussion was conducted on gender-related issues and students came up with various points or issues they face and it was collectively discussed in the meeting. The students opined that it was a very fruitful discussion and they were enriched with new ideas. Topics for the debates were also finalized and they were "Women empowerment, women safety and health related topics". The active participation and sharing by the students made it a very insightful discussion for everyone

## **2. Group discussion No: 1**

The group leaders of groups 1, 2, and 3 presented their assigned topics and discussion was held on the arrived outputs. The three group leaders and their members participated vibrantly and positively making the group discussion a useful one. It was conducted on 23/1/2017 and duration was 3.30 PM to 4.45 PM. The faculty members also joined in with their suggestions and ideas. The success stories of women entrepreneurs from Kerala were discussed group-wise. The discussion highlighted the success stories of Sheela Kochoseph (Managing director of V-Star), Gloria Benny (The co-founder of Make A Difference (MAD) – one of India's largest volunteer networks), Alice G. Vaidyan (CMD, General Insurance Corporation of India), Beena Kannan (CEO, Seematti), Manju Sara Rajan (CEO, Kochi Muziris Biennale Foundation), and Nazneen Jehangir (Executive Director & CEO, NeST Information Technologies Pvt Ltd)

## **3. Group discussion No: 2**

The group leaders of groups 4, 5, and 6 presented their assigned topics and discussion was held on the arrived outputs. The three group leaders and their members participated vibrantly and positively making the group discussion a useful one. It was conducted on 3/2/2017 and duration was 3.30 PM to 4.45 PM. The faculty members also joined in with their suggestions and ideas. Discussion was also held on the need of vitamins for good health

## **4. Debate and group discussion No: 3**

The group leader of group 7 presented the assigned topic and discussion was held on the arrived outputs. The group leader and its members participated vibrantly and positively making the group discussion a useful one. It was conducted on 10/2/2017 and duration was 3.30 PM to 4.45 PM. The faculty members also joined in with their suggestions and ideas. A debate was also conducted on “Women empowerment”. The students actively and interestingly participated in it as well. The importance of imparting education to girl child was discussed in length in the meeting

## **5. Individual assignments and debate**

Debate was conducted on the topic “Women safety”, “Health and hygiene” on 17/2/2017 during after class hours (3.30 PM to 4.45 PM). The students came up with their own ideas on women empowerment and also shared their insights on health and hygiene. The faculty members also participated and imparted their ideas to the students. Each student was assigned a survey on



household expenditure and financial management among women in their locality and the students did an awesome job on this. The findings were presented in the form of a report and it was kept open for discussion

### **Training on Self-Defence techniques**

The following are the details of the students who participated in the Training on Self-Defence techniques conducted by Vanitha cell, Kollam on 9-2-2017 (Thursday), 10-2-2017 (Friday) and 13-2-2017 (Monday) at S.N. College for Women, Kollam.

Sl No	Name of the Student	Class & Core Course	Semester
1.	Gayathri Nair	I D C Maths	II
2.	Celin Xavier	I DC Maths	II
3.	Amala Edwin	II DC Maths	1V
4.	Jeena Johnson	II DC Maths	1V
5.	P M Indulekha	II DC English	1V
6.	Anu Mary	I DC English	II
7.	PriyankaPratab	I DC Psychology	II
8.	Gouri S Nampoothiri	I DC Psychology	II
9.	Maya	II DC Psychology	1V
10	Thasneema R	I DC History	II
11	Anjali Das	II DC Poly. Chem	1V
12	Jency J	II DC Malayalam	1V
13	AthiraIsadore	II DC Malayalam	1V
14	AnsiaBadar	II DC Commerce	1V
15	Archana S	II DC Commerce	1V
14	Neena	I PG Zoology	II
15	Maneesha B	II DC Zoology	1V

### **Skill-oriented training**

Students were empowered by imparting skill-oriented training on “Liquid Painting”. The session was conducted by Dr. Parvathy (Retd. Associate Professor, Dept. of Botany, NSS College, Thiruvananthapuram). The students were benefitted by learning the skills imparted by the resource person. It was held on 18/2/2017 and duration was 9.30 AM to 3.30 PM





### **WOMEN'S DAY CELEBRATION 2016-17**

On 03.09.2017, Women's Day celebration was inaugurated by cine actress MsPriyanka, who won the State Award for the best actress that year. DrSeema Jerome (Assistant Professor, Dept of Malayalam, University of Kerala) and MsChintha Jerome (State Youth Commission Chairperson) delivered lectures on the following session. The Union also collected funds for cancer patients under the scheme 'One Student, One Rupee'

