

FATIMA MATA NATIONAL COLLEGE

AUTONOMOUS

(Reaccredited with 'A' Grade by NAAC)

Affiliated to University of Kerala



7.1.10 Value Education Committee Report 2018-19

IQAC INTERNAL QUALITY
ASSURANCE CELL

Value Added Education

Report of the Value Education Committee

An Institutional Best Practice



18

Value Education Committee

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Value Added Education

At Fatima Mata National College, Value Education is recognized as one of the Best Practices. Value Education is not relegated in to a mere academic exercise, an essential requirement for grades. Here it is perceived as a tool, a methodology, a help, in short, a way of life, to come face to face with the values and counter values of the world around. Students are encouraged to discuss their own value patterns and system, there by building up the convictions to opt for humane and just values. Every Wednesday, a special session is dedicated for value education classes. The class teacher spends quality time with the students. Through messages, role play, anecdotes, experience sharing and other interactive sessions, values are inculcated in the young minds. The allotted time is fruitfully utilized to nurture humane values and to groom desirable personality traits in students. Students are given brief time slots to occupy centre stage and make short presentations. Personality development, leadership training and social or self awareness exercises are done in the class.

Why Value Education?

Value education sessions are based on the understanding that our life actions are dictated by our value systems and principles. When the younger generation gets a proper value education, they learn to question, to understand and to ultimately decide for themselves, their values, attitudes and customs.

Through proper value education sessions, students are motivated to preserve the best and worthwhile aspects of our culture. Students are equipped to question, to explore and to understand values, attitudes and beliefs. Care is also taken to widen the mental horizon and to broaden the outlook of the students so that they learn to understand and accommodate people adhering to different value systems.

Objectives of Value Added Learning

- To clarify values and analyse problems.
- To enable students to evolve a positive outlook to life.
- To enable students to understand others, to show concern, thus making the world a better place.
- To provoke students to think critically.
- To master self and social awareness.
- To enable students to achieve a humanistic attitude.
- To make students understand the relevance of ethics.
- To inculcate moral values.
- To promote integrated development of human personality.
- To help students attain full development of their personality by attaining full growth in the physical, intellectual, emotional, moral, spiritual and social spheres.

Values in Action

Value Education has brought visible impact in the general atmosphere of the campus. Teachers and students are bound together with feelings of mutual respect and fellow feelings. Students adhere to the norms and regulations of the college. Regular interaction between the teachers and the students both during the regular value education sessions on Wednesdays and other one to one meetings, ensures that a proper value system is internalized by the student community. This is reflected in the peaceful atmosphere of the campus.

During the regular value education hour on Wednesdays, students are given opportunities to share their views and experiences.

Committee Members 2018-19
Mr Stancilaus S. (<i>Convenor</i>)
Ms Sangeetha Vincent
Ms Rosini B.

Minutes of the meeting held on 30 August 2018

Members Present

Mr Stancilaus S. – Convener

Ms Sangeetha Vincent

Ms Rosini B.

The Values Education Committee met at Hall No 212 to discuss steps to be taken to create awareness among students of the necessity to provide urgent relief measures in cash and kind to flood victims. It was decided to utilize the Value Education sessions to motivate students to contribute generously to help the victims.

Report of the Values Education Committee 2017-2018

The Values Education Committee has been constituted to ensure that value based education is imparted to the students. Every effort has been made to help students imbibe a proper value system to meet the challenges of the present. The following teachers are members of the value education Committee:

Mr Stancilaus S. (Convener)

Dr Christa Pereira

Dr Mary Nancy T. E.

Ms Ann Varghese

Ms Annie Johnson

Rev. Fr Sanu Francis

The Values Education Committee took adequate measures to ensure that students are shown the right path of morals and values. In an increasingly competitive world, the students are made aware of the importance of values, morals, proper code of conduct, discipline and fellow feeling through regular talks, interactive sessions, role plays and experience sharing.

Every Wednesday, there is a Values Education hour exclusively for this purpose. Students of each class from I Semester graduation to Final semester postgraduation spend quality time with their class teachers exploring, experimenting and internalizing a proper value system. The Values Education Committee regularly monitors, guides and offers positive inputs in the form of study materials, tips and moral support to the teachers. The Values Education Committee has succeeded in ensuring that the values education hour is utilized exclusively for values education. Some of the topics handled this academic year in various classes are listed below.

Committee Members 2017-18
Mr Stancilaus S. (<i>Convenor</i>)
Dr Christa E Pereira
Dr Mary Nancy T E
Ms Ann Varghese
Ms Annie Johnson
Rev. Fr Sanu Francis

Minutes of the meeting held on 14 July 2017

The Values Education Committee met at Hall No 214 to streamline the activities of the Values Education Committee. Values Education being the distinct highlight of student grooming at Fatima, it was decided to ensure that the Value Education hours be set aside exclusively for instilling human values to the student community. More student participation in discussions, talks, seminars is to be ensured. It was decided to make available online materials, and articles to be used in Value Education sessions.

Committee Members 2016-17
Dr C Francis (<i>Convenor</i>)
Dr Sarau Devi A
Ms Catherine E Pereira
MsRosini B

Minutes of the meeting held on August 3, 2016

The meeting of Value Education committee was held at the Common Staff Room to discuss the effective transaction of Value Education Sessions. It was decided to ensure active student participation in the form of experience sharing, leadership training, and personality development activities. Class teachers were given instructions to utilize inspirational value based materials from media and conduct open discussions during the Value Education sessions.

Committee Members 2015-16

Dr Ivy Philip (*Convenor*)

Prof. V Vimala

Ms Catherine E Pereira

Dr Noeline B Fernandez

Mr Stancilaus S.

Dr Rubin Jose

Ms Ann Varghese

Committee Members 2014-15

Dr C Francis (*Convenor*)

Dr Sheeja Mathews

Ms Catherine E Pereira

Ms Jain Rani

Dr Shalini Mathews

Committee Members 2013-14

Dr C Francis (*Convenor*)

Dr Usha L R

Ms Hycinth Sophia Paul

Ms T C Kochuthresia

Ms Grata Ildaphonse

Ms Linda Pious

Dr Mercy Famila

List of Topics discussed in Value Education Classes

2017-18

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

IX A

DEPARTMENT: Economic

SEMESTER: I

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	5/7/2017	Hard work	To achieve the aim
2.	12/7/2017	Moral values	Respect the others, Consideration
3.	19/7/2017	Care and Share	Help others
4.	26/7/2017	Don't be lazy	Opportunities never wait
5.	2/8/2017	Believe - You can change	Self Confidence
6.	9/8/2017	Learn from experience	Self better
7.	16/8/2017	Develop character	Good habit
8.	23/8/2017	Pray to God	Love and Prayer
9.	30/8/2017	Set goals	Achievements
10.	6/9/2017	Importance of Education	Status in Society
11.	13/9/2017	Positive attitude	Optimism
12.	20/9/2017	National diversity	Peace.
13.	27/9/2017	Team work	Respect.
14.	4/10/2017	Understand the idea	Ideas are hidden
15.	11/10/2017	Choosing a friend	Who will guide you in the right-path.
16.	18/10/2017	Extra curricular Activities	Touch all sides of life
17.	1/11/2017	Respect for elders	Respect-
18.	8/11/2017	Concern for others	Sharing.
Teacher: <u>Heethu M Mathias</u>		Head of the Department: <u>Dr. Mary Antony</u>	

2017-18

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES: IDC A

DEPARTMENT: Economics

SEMESTER: II

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	6/12/2017	Tolerance	Maintain a tolerance approach.
2.	13/12/2017	Lead a disciplined life	Discipline is the component of success.
3.	20/12/2017	Aspire for perfection	In all spheres of life
4.	3/1/2018	Work hard	To achieve goals in life
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Teacher:	Head of the Department:		
<u>Heithu M Mathews</u>	<u>Dr. Mary Antony</u>		

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: English (T.D.C)

SEMESTER: 61 2017-18

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	12/7/2017	Friendship	Love for others
2.	19/7/2017	Leadership Qualities	Leadership.
3.	26/7/2017	Parents and discipline	Love for parents.
4.	2/8/2017	Group Discussion on Discipline	Discipline.
5.	9/8/2017	Value of patience and diligence.	Diligence
6.	16/8/2017	Hardwork	A spirit for hardwork.
7.	23/8/2017	Stage craft	How to avoid stage fright.
8.	30/8/2017	Buffering and pain	Patience and forgiveness.
9.	6/9/2017	Group Discussion on social media	How to control the use of social media.
10.	13/9/2017	Self discipline & Mind control	Importance of meditation
11.	20/9/2017	Self control	Importance of prayer.
12.	27/9/2017	Happiness	How to have a joyful mind.
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Teacher: <u>Christy Clement</u>		Head of the Department: <u>Radhika</u>	

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: Eng (I.D.C.)

SEMESTER: S2 - 2017-18

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	4/10/2017	Citizenship	How to be a good citizen.
2.	11/10/2017	Respect for others	Respect
3.	18/10/2017	Good habits	Etiquettes one should develop
4.	25/10/2017	E Value of cleanliness	Cleanliness
5.	1/11/2017	Eo Etiquettes of ^{Courtesy}	Courtesy.
6.	8/11/2017	Caring for plants	Respect towards nature.
7.	15/11/2017	How to develop punctuality	Punctuality.
8.	22/11/2017	Stories on honesty	Honesty.
9.	29/11/2017	Developing a healthy body.	Health.
10.	6/12/2017	Importance of Exercise	Exercise as a habit.
11.	13/12/2017	Importance of team spirit	Team spirit.
12.	20/12/2017	Developing Gender Equality	Gender Equality.
13.	3/1/2018 27/12/20	GD on how to prevent ragging.	Anti ragging awareness.
14.	10/1/2018	Importance of mother tongue.	Respect for our mother tongue.
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Teacher: <u>Christy Clement.</u>		Head of the Department: <u>Radhika</u>	

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: English

SEMESTER: ~~IV~~ V

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	07-06-17	Time Management	Punctuality
2.	14-06-17	Honesty: A virtue	Truthfulness
3.	21-06-17	Zest for life	Cheerfulness
4.	28-06-17	Generosity	Helpfulness
5.	05-07-17	Perseverance	Hard work
6.	12-07-17	Public speaking	confidence
7.	19-07-17	Struggles in life	Endurance
8.	26-07-17	Life experiences	care, love
9.	02-08-17	Compassion	Thoughtfulness
10.	09-08-17	Satisfaction	contentment
11.	16-08-17	Moral strength	courage
12.	30-08-17	"If there is a will..."	Determination
13.	13-09-17	Self-Image	Integrity
14.	20-09-17	God's love	Faith
15.	27-09-17	"To err is human..."	Forgiveness
16.	04-10-17	Thankfulness	Gratitude
17.	15-11-17	Fulfilling Duties	self-discipline
18.	22-11-17	Abstinence	self-discipline
Teacher:	<u>Jaya</u>	Head of the Department:	<u>Radhika</u>

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: ENGLISH

SEMESTER: MA 53

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	26.7.2017	Care and love for each other	Compassion
2.	2.8.2017	Acknowledging the good gestures	Appreciation
3.	9.8.2017	Self-care, and care for others	Caring
4.	16.8.2017	Loyalty to one's self, one's work	Commitment
5.	23.8.2017	Never give up.	Dedication
6.	13.9.2017	Courteous behaviours	Courtesy
7.	20.9.2017	Interpersonal relationships	Devotion
8.	27.9.2017	Achieving one's goals	Hard work
9.	4.10.2017	Forgiveness brings peace	Forgiveness
10.	11.10.2017	Grateful heart makes one happy	Gratitude
11.	25.10.2017	The fuel that keeps one more forward	Hope
12.	1.11.2017	Defining one's character	Integrity
13.	8.11.2017	Make the best of your opportunities	Optimism
14.	15.11.2017	Patience and tolerance	Tolerance
15.	22.11.2017	Dreams, vision take one forward	Vision
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Teacher: <u>Dr S. Parvathy</u> <u>Parvathy</u>		Head of the Department: <u>Radhika</u> <u>Radhika</u>	

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: ENGLISH

SEMESTER: MA 54

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	3.1.2018	Know Thyself	Self-Reliance
2.	17.1.2018	Compromises	Sacrifice
3.	31.1.2018	Working together towards success	Unity
4.	7.2.2018	Dreams take one forward	Vision
5.	14.2.2018	Never give up	Dedication
6.	21.2.2018	The ultimate source of light and energy	Love
7.	28.2.2018	Defining one's character	Integrity
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Teacher: <u>Dr S. Parvathy</u> <u>Plamatt</u>		Head of the Department: <u>Radhika</u>	