

# FATIMA MATA NATIONAL COLLEGE

AUTONOMOUS

(Reaccredited with 'A' Grade by NAAC)  
Affiliated to University of Kerala



## 7.1.10 Value Education Committee Report 2017-18

**IQAC** INTERNAL QUALITY  
ASSURANCE CELL

## **Report of the Values Education Committee 2017-2018**

The Values Education Committee has been constituted to ensure that value based education is imparted to the students. Every effort has been made to help students imbibe a proper value system to meet the challenges of the present. The following teachers are members of the value education Committee:

Mr Stancilaus S. (Convener)

Dr Christa Pereira

Dr Mary Nancy T. E.

Ms Ann Varghese

Ms Annie Johnson

Rev. Fr Sanu Francis

The Values Education Committee took adequate measures to ensure that students are shown the right path of morals and values. In an increasingly competitive world, the students are made aware of the importance of values, morals, proper code of conduct, discipline and fellow feeling through regular talks, interactive sessions, role plays and experience sharing.

Every Wednesday, there is a Values Education hour exclusively for this purpose. Students of each class from I Semester graduation to Final semester postgraduation spend quality time with their class teachers exploring, experimenting and internalizing a proper value system. The Values Education Committee regularly monitors, guides and offers positive inputs in the form of study materials, tips and moral support to the teachers. The Values Education Committee has succeeded in ensuring that the values education hour is utilized exclusively for values education. Some of the topics handled this academic year in various classes are listed below.

2017-18

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

IX A

DEPARTMENT: Economic

SEMESTER: I

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	5/7/2017	Hard work	To achieve the aim
2.	12/7/2017	Moral Values	Respect the others, Consideration
3.	19/7/2017	Care and Share	Help others
4.	26/7/2017	Don't be lazy	Opportunities never wait
5.	2/8/2017	Believe - You can change	Self Confidence
6.	9/8/2017	Learn from experience	Self bother
7.	16/8/2017	Develop character	Good habit
8.	23/8/2017	Pray to God	Love and Prayer
9.	30/8/2017	Set goals	Achievements
10.	6/9/2017	Importance of Education	Status in Society
11.	13/9/2017	Positive attitude	Optimism
12.	20/9/2017	National diversity	Peace.
13.	27/9/2017	Team work	Respect.
14.	4/10/2017	Understand the idea	Ideas are hidden
15.	11/10/2017	Choosing a friend	Who will guide you in the right path.
16.	18/10/2017	Extra curricular Activities	Touch all sides of life
17.	1/11/2017	Respect for elders	Respect.
18.	8/11/2017	Concern for others	Sharing.
Teacher:	Head of the Department:		
Heethu M Mathias	Dr. Mary Antony		

2017-18

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES: IDC A

DEPARTMENT: Economics

SEMESTER: II

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	6/12/2017	Tolerance	Maintain a tolerance approach
2.	13/12/2017	Lead a disciplined life	Discipline is the component of success
3.	20/12/2017	Aspire for perfection	In all spheres of life
4.	3/10/2018	Work hard	To achieve goals in life
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Teacher: Heather M Mathew Head of the Department: Dr. Mary Antony

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: English (T.D.C)

SEMESTER: 62 2017-18

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	12/7/2017	Friendship	Love for others
2.	19/7/2017	Leadership Qualities	Leadership.
3.	26/7/2017	Parents and discipline	Love for parents.
4.	2/8/2017	Group Discussion on Discipline	Discipline.
5.	9/8/2017	Value of patience and diligence.	Diligence
6.	16/8/2017	Hard work	A spirit for hardwork.
7.	23/8/2017	Stage craft	How to avoid stage fright.
8.	30/8/2017	Buffering and pain	Patience and forgiveness.
9.	6/9/2017	Group Discussion on social media	How to control the use of social media.
10.	13/9/2017	Self discipline & Mind control	Importance of meditation
11.	20/9/2017	Self control	Importance of prayer.
12.	27/9/2017	Happiness	How to have a joyful mind.
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Teacher: <u>Christy Clement</u>		Head of the Department: <u>Radhika</u>	

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: Eng (I.D.C.)

SEMESTER: S2 - 2017-18

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	4/10/2017	Citizenship	How to be a good citizen.
2.	11/10/2017	Respect for others	Respect
3.	18/10/2017	Good habits	Etiquttles one should develop
4.	25/10/2017	E Value of cleanliness	Cleanliness
5.	1/11/2017	Eo Etiquttles of <sup>Courtesy</sup>	Courtesy.
6.	8/11/2017	Caring for plants	Respect towards nature.
7.	15/11/2017	How to develop punctuality	Punctuality.
8.	22/11/2017	Stories on honesty	Honesty.
9.	29/11/2017	Developing a healthy body.	Health.
10.	6/12/2017	Importance of Exercise	Exercise as a habit.
11.	13/12/2017	Importance of team spirit	Team spirit.
12.	20/12/2017	Developing Gender Equality	Gender Equality.
13.	<del>27/12/20</del> 3/1/2018	GD on how to prevent ragging.	Anti ragging awareness.
14.	10/1/2018	Importance of mother tongue.	Respect for our mother tongue.
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Teacher: <u>Christy Clement.</u>		Head of the Department: <u>Radhika</u>	

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: English

SEMESTER: ~~IV~~ V

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	07-06-17	Time Management	Punctuality
2.	14-06-17	Honesty: A Virtue	Truthfulness
3.	21-06-17	Zest for life	Cheerfulness
4.	28-06-17	Generosity	Helpfulness
5.	05-07-17	Perseverance	Hardwork
6.	12-07-17	Public speaking	confidence
7.	19-07-17	Struggles in life	Endurance
8.	26-07-17	Life experiences	care, love
9.	02-08-17	Compassion	thoughtfulness
10.	09-08-17	Satisfaction	contentment
11.	16-08-17	Moral strength	courage
12.	30-08-17	"If there is a will..."	Determination
13.	13-09-17	Self-Image	Integrity
14.	20-09-17	God's love	Faith
15.	27-09-17	"To err is human..."	Forgiveness
16.	04-10-17	Thankfulness	Gratitude
17.	15-11-17	Fulfilling Duties	self-discipline
18.	22-11-17	Abstinence	self-discipline
Teacher:	<u>Jaya</u>	Head of the Department:	<u>Radhakal</u>

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: ENGLISH

SEMESTER: MA 53

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	26.7.2017	Care and love for each other	Compassion
2.	2.8.2017	Acknowledging the good gestures	Appreciation
3.	9.8.2017	Self-care, and care for others	Caring
4.	16.8.2017	Loyalty to one's self, one's work	Commitment
5.	23.8.2017	Never give up.	Dedication
6.	13.9.2017	Courteous behaviours	Courtesy
7.	20.9.2017	Interpersonal relationships	Devotion
8.	27.9.2017	Achieving one's goals	Hard Work
9.	4.10.2017	Forgiveness brings peace	Forgiveness
10.	11.10.2017	Grateful heart makes one happy	Gratitude
11.	25.10.2017	The fuel that keeps one move forward	Hope
12.	1.11.2017	Defining one's character	Integrity
13.	8.11.2017	Make the best of your opportunities	Optimism
14.	15.11.2017	Patience and tolerance	Tolerance
15.	22.11.2017	Dreams, vision take one forward	Vision
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Teacher: <u>Dr S. Parvathy</u> <u>Prin</u>		Head of the Department: <u>Radhika</u>	



FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS) KOLLAM

VALUE EDUCATION CLASSES:

DEPARTMENT: ENGLISH

SEMESTER: MA 54

SERIAL NO.	DATE	TOPIC DISCUSSED	VALUE DEVELOPED
1.	3.1.2018	Know Thyself	Self-Reliance
2.	17.1.2018	Compromises	Sacrifice
3.	31.1.2018	Working together towards success	Unity
4.	7.2.2018	Dream take one forward	Vision
5.	14.2.2018	Never give up	Dedication
6.	21.2.2018	The ultimate source of light and energy	Love
7.	28.2.2018	Defining one's character	Integrity
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Teacher:	<u>Dr S. Parvathy</u> <u>Perumth</u>	Head of the Department:	<u>Radhika</u>