



NATIONAL SERVICE SCHEME

UNIVERSITY OF KERALA

UNIT No. 26 A & B

FATIMA MATA NATIONAL COLLEGE

(AUTONOMOUS)

KOLLAM

(Grade 'A' Accreditation by NAAC)

**REPORT ON THE REGULAR ACTIVITIES FOR THE
YEAR 2018-19**

REPORT ON REGULAR ACTIVITY 2018-19

June 05, 2018: WORLD ENVIRONMENT DAY CELEBRATION

The day is observed by planting saplings in the campus. 100 sapling are received from forest department. 25 sapling are planted in the campus. Remaining saplings are distributed among volunteers, students and staff of the college. The day observation is inaugurated by Dr. Akhila Thomas, HoD, Dept. of Zoology.



June 12-16, 2018: BUTTERFLY GARDEN RENOVATION

Volunteers actively participated in the renovation activities of the butterfly garden in the campus. The activities are planned to execute by evening from 3:45 to 4:30 from 12 to 16 of June, 2018.

June 17: BUTTERFLY GARDEN & BOTANICAL GARDEN ACTIVITIES

In a one day activity conducted this day, NSS volunteers participated in the furnishing of the butterfly garden and the botanical garden. The activities started by 9.30 am in the morning and ended by 4 pm.



June 05-21, 2018: PLASTIC RECYCLING-BOTTLE COLLECTION

An awareness programme against plastic pollution is executed by NSS and Zoology department. It is to collect plastic bottles and to give them to a plastic recycling agent. The collection of bottles is done with the help of all students of the college. The activity is coordinated by NSS volunteers.

“BEAT PLASTIC POLLUTION AND REDUCE YOUR PLASTIC FOOT PRINTS” is the message given to the students. The project is supported by KSCSTE, Thiruvananthapuram.



June 19, 2018: PFMS TRAINING

NSS Programme Officer Mr. Ignatius J. attended the seminar on PFMS(Public Funding Management System) training organised by Kerala University NSS Cell in Senate Chamber, University of Kerala.

June 20, 2018: SUCHITHWA MISSION TRAINING

NSS Programme Officer Mrs. Asa Stephen attended the Suchithwa Mission Training conducted in KILA Office, Kottarakkara.

June 21, 2018: INTERNATIONAL YOGA DAY

Yoga Day is observed through the participation of all students. A seminar is arranged on the important aspects of YOGA. The seminar is open to all students of the college. A session of practice of YOGA is carried out after the seminar. All the activities are coordinated by NSS volunteers.



June 21-22, 2018: RESIDENTIAL TRAINING ON DISASTER MANAGEMENT

NSS volunteer secretary Aneesh S.(II BSc Psychology) attended the two day residential seminar on Disaster Management, First Aid and Basic Life Skills for NSS volunteer secretaries. The seminar is organised by NSS, University of Kerala in association with Kerala State Disaster Management Authority.

June 26, 2018: ANTI-NARCOTICS DAY

Volunteers took-part in a rally organised by the Kollam District Division of Excise Department. The rally was to aware the public about drug abuse and for the promotion of anti-narcotic day activities.



A pledge is taken on the same day by all the students in the college against the use of drugs and for the promotion on anti-narcotic activities.

June 29, 2018: BLOOD DONATION CAMP

A blood donation camp is organised under the supervision of NSS volunteers. A team of doctors and nurses from Bishop Benziger Hospital, Kollam conducted the camp. More than 150 students participated in the camp in which 27 students including volunteers donated their blood.



July 25, 2018: SUCHITHWA MISSION MEETING

NSS Programme Officer Mr. Ignatius J. attended a meeting in the Suchithwa Mission Office in District Collectorate, Kollam. The meeting discussed the plan of action to be undertaken in cleaning the “Highway” premises in Kollam town.

July 26, 2018: AWARENESS SEMINAR ON SAFE PROTECTION OF PARENTS AND ELDER PEOPLE

A seminar was conducted on the topic of the safe protection of parents and elder people. The seminar explained the “ACTS & RULES” regarding the topic. College Principal Dr. Vincent B. Netto delivered the presidential address. The session was handled by Dr. S. Chithra, IAS(Sub Collector, Kollam).Dr. Sajimon P.P., Asst. Professor, Psychology delivered the vote of thanks. The seminar was organised in coordination with Office of the Sub Collector, Kollam.





August 8-10, 2018: WOMEN CAPACITY BUILDING

NSS volunteer Jaisha B. of II BA History has participated in the three day national residential workshop “WOMEN CAPACITY BUILDING”. The workshop was jointly organised by NSS University of Kerala and Kerala Women’s Commission at Senate Chamber, Kerala University, Thiruvananthapuram.

August 13, 2018: Programme Officers’ Meeting

Programme Officers Mr. Ignatius J. and Mrs. Asa Stephen have attended the NSS programme Officer’s meeting held on 13 August, 2018 at Senate Chamber, University of Kerala, Thiruvananthapuram.

August 15, 2018: INDEPENDENCE DAY CELEBRATION

Independence Day is celebrated in the college which is coordinated by NSS and NCC. Vice-Principal Dr Gretta Ildaphonsa gave a message to the students and hoisted the national flag. The salute to the national flag is done after singing the national anthem. College officials, NSS volunteers, NCC cadets and students participated in the celebrations.



August 20, 2018: FLOOD RELIEF COLLECTION

The following items are collected by NSS volunteers.

1	Soap-bathing	46	14	Shampoo	16
2	Soap-washing	36	15	Tooth paste	24
3	Candle	3 pkt	16	Tooth brush	27
4	Match box	1 pkt	17	Atta	4 kg
5	Lotion	18 btl	18	Bread	20 pkt
6	Bleaching powder	14 kg	19	Tea	1 kg
7	Mat(plastic)	4	20	Baby food	4 pkt
8	Rusk	18 pkt	21	Towel	5
9	Biscuit	51 pkt	22	Baby dress	11
10	Sanitary pad	36 pkt	23	Pants-gents	2
11	Medical kit	5 pkt	24	Lunki	3
12	Pampers	13 pkt	25	Nighty	3
13	Dettol	2			

The collected items are handed over to the collection centre running in the college which is coordinated by the students including NSS volunteers. The NSS volunteers are undertaking the distribution of the collected items to various flood relief camps in Kollam district according to the requirements of the camps.



August 22-23, 2018: PARTICIPATION IN “NAAVYAM-2018”

NSS volunteers of FMN College, Kollam participated in the cleaning project named “NAAVYAM-2018” organised by NSS, University to clean the flood-affected areas. Following is the list of volunteers participated in NAAVYAM-2018 cleaning programme on 22 & 23 of August 2018

Sl. No	NAME OF VOLUNTEER	GENDER	COURSE & CLASS
1	ANEESH S.	MALE	II DC PSYCHOLOGY
2	ADITHYA KRISHNAN	MALE	II DC PHYSICS
3	VINU VIGNESH V. J.	MALE	II DC PHYSICS
4	DUETHIN S.	MALE	II DC HISTORY
5	AJITH ANTONY	MALE	II DC ECONOMICS
6	ALEN DAVIS T. A.	MALE	II DC ECONOMICS
7	JENNIFER THOMAS	FEMALE	II DC ECONOMICS
8	ADITHYA PRAKASH M.	FEMALE	II DC B Com
9	SUBI BABU	FEMALE	II DC B Com
10	VIDHU M. WILLIAM	FEMALE	II DC ECONOMICS



August 28, 2018: PARTICIPATION IN SWACHH VIDYALAYA

Swachh Vidyalaya, Cleaning drive of Indian railways and NSS

40 volunteers participated in the massive cleaning drive on 28 August 2018 named “Swachh Vidyalaya”, a Cleaning drive of National Service Scheme, University of Kerala in association with Indian railways, Thiruvananthapuram. The massive cleaning drive entitled “Swachh Vidyalaya” is conducted at selected schools in Haripad, Chengannur and Thiruvalla area, in which volunteers from selected colleges participated.

Four teams of ten volunteers each from FMN college, Kollam have participated in the activity. The following gives the details of the list of teams and the schools in which they worked.

TEAM 1

St. George UPS, Kadapra, Thiruvalla

1	ABHIRAMI OMANAKUTTAN	F	II DC B. Com
2	ADITHYA KRISHNAN	M	II DC PHYSICS
3	ANU S. MURALI	F	II DC PHYSICS
4	ATHUL IGNATIOUS	M	II DC PHYSICS
5	FEBY KUNJUMON	F	II DC PHYSICS
6	NEHAL SHIBU	M	II DC PHYSICS
7	RAICHEL MARY JOSE	F	II DC ECONOMICS

8	REJANI RAJAN	F	II DC ECONOMICS
9	SALINI POULOSE	F	II DC MALAYALAM
10	THASNI S.	F	II DC PHYSICS

TEAM 2

St. George LPS, Niranam, Thiruvalla

1	AJITH ANTOY	M	II DC ECONOMICS
2	ARCHANA S.	F	II DC PHYSICS
3	ASHNA S. R.	F	II DC PHYSICS
4	BINCY BENZIGER	F	II DC ECONOMICS
5	GODSON S.	M	II DC MALAYALAM
6	PRAVEEN P.	M	II DC MALAYALAM
7	REETHU JOY	F	II DC MATHEMATICS
8	RENJITHA S.	F	II DC MATHEMATICS
9	SREETHU ANIL	F	II DC B. Com
10	VANDANA B. S.	F	II DC B. Com

TEAM 3

Muzhasery MDLPS, Kadapra, Mannar

1	ALEN DAVIS T. A.	M	II DC ECONOMICS
2	AMEENA S.	F	II DC PHYSICS
3	GAYATHRI G.	F	II DC MATHEMATICS
4	LEKSHMI ANIL	F	II DC PHYSICS
5	MAHIMA M.	F	II DC PHYSICS
6	NITHYAMOL V. P.	F	II DC PHYSICS
7	SANDRA W.P.	F	II DC MALAYALAM
8	SAYED ALI S.	M	II DC ECONOMICS
9	SIVAPRIYA J.	F	II DC ECONOMICS
10	SUBI BABU	F	II DC B. Com

TEAM 4

MSM English Medium LPS, Kadapra, Thiruvalla

1	ADITHYA PRAKASH M.	F	II DC B. Com
2	AKHILA GEORGE	F	II DC ZOOLOGY
3	ANEESH S.	M	II DC PSYCHOLOGY
4	ARATHI M.	F	II DC ZOOLOGY
5	BENEETA DAS	F	II DC B. Com

6	BINDHYA B.	F	II DC BOTANY
7	FEMI PHILIP SUNIL	F	II DC B. Com
8	JESNA FINY MARY JOSEPH	F	II DC B. Com
9	JINI MAMACHAN	F	II DC B. Com
10	KENISHA FRANCIS	F	II DC B. Com



September 07, 2018: SWACHH FATIMA CLEANING DRIVE

A mass campus cleaning is organised under the “SWACHH FATIMA CLEANING DRIVE” on 7 September, 2018. The cleaning activities are done from 2 pm to 4 pm in the campus. The various departments and clubs like NSS, NCC, etc are allocated with specific locations for their cleaning activities. The department staff coordinated the student cleaning activities in the respective

locations. NSS volunteers and NCC cadets done their activities in the allocated area under the supervision of their coordinating leaders. The whole activities are planned and coordinated by the SWATCH FATIMA COMMITTEE, the members of which are Mr. Ignatius J (Convenor, NSS P.O.), Mr. Sunil A. (NCC officer, Naval), Ms. Asa Stephen (NSS P.O.), Ms. Anitha K.S., Mr. Reghunathan J.



September 10, 2018: CLEANING AT CHATHANKIRI, ALAPPUZHA

A team from FMN College, Kollam conducted cleaning activities in Chathankiri, Alappuzha, a flood affected area. The team is sent officially from the college on 5 September, 2018. Six NSS volunteers have participated in the cleaning activities, the names of them are following:

1. Adithya Krishnan (II B Sc Physics)
2. Aneesh S. (II BA Psychology)
3. Duethin S. (II BA History)
4. Vinu Vignesh (II B Sc Physics)
5. Jijo Joseph (II BA History)
6. Jithin J. (II BA History)

September 14, 2018: CLEANING AT EDATHUA

A team from FMN College, Kollam conducted cleaning activities in Edathua, a flood affected area. The team is sent officially from the college on 14 September, 2018. The team visited St. Aloysius College, Edathua, a flood affected college and cleaned a museum named “Kuttanadu Heritage Centre” running in the college campus. Seven NSS volunteers have participated in the cleaning activities, the names of them are following:

1. Sivapriya J.
2. Bincy Benziger
3. Sunitha S. L.
4. Shiji S.
5. Akash S. Prakash
6. Nithin P. M.
7. Bibin Jose





14-16 September 2108: Volunteer Leadership Training Programme

Volunteer secretary Aneesh S.(II BSc Psychology) and female volunteer representative Rejani Rajan(II BA Economics) participated in two day residential volunteer leadership training programme organised by NSS, University of Kerala at Students' Centre, University of Kerala.

September 18, 2018: FLOOD RELIEF FUND TRANSFER

The NSS volunteers collected an amount of Rs.1200/- and is transferred to the flood relief fund of NSS Cell, University of Kerala(a/c no:57002315008, SBI, KUOC).

September 19-22:ENROLMENT CAMPAIGN

An enrolment campaign is conducted for the first year degree student during these days. The student were personally interviewed by the NSS programme officers by evening during these days. A final selection list of 120 students was prepared for making a final list of 100. The selected students were instructed to participate in NSS activities for further selection to finalize the list.

September 26, 2018: SWACHH FATIMA CLEANING DRIVE

A mass cleaning activity is organised under the banner of Swachh Fatima from 1.30 pm to 3.30 pm. Students and staff focused in cleaning the respective department premises including class rooms and labs. NSS volunteers and NCC cadets focused in cleaning the campus. NSS volunteers coordinated the cleaning drive.



October 02, 2018: GANDHI JAYANTHI PEACE RALLY

Volunteers of our college college took part in the “GANDHI JAYANTHI PEACE RALLY” organised by GANDHI PEACE FOUNDATION, KOLLAM. The rally started from Chinnakkada, Kollam by 7.30am and reached Kollam Beach by 9.00 am. There was a meeting arranged after that in which Honourable Fisheries Minister of the State addressed the gathering.



October 05, 2018: PFMS TRAINING FOR PO'S

Mr. Ignatius J., NSS P.O., attended the training workshop on PFMS arranged by the Kerala University NSS Cell. The training for the NSS PO's was arranged in the computer centre in the university campus.

October 06, 2018: LEADERSHIP TRAINING PROGRAMME FOR VOLUNTEERS

Two of our volunteers, Abhirami Omanakkuttan (II B Com) and Ajith Antony (II BA Economics) have participated in the district level leadership seminar organised by the NSS unit of Govt. BJM College, Chavara, Kollam.

October 31 & November 01, 2018: ELECTRONIC WASTE MANAGEMENT TRAINING

Two volunteers, Sanjana P. S. and Aparna M., have attended the two day training programme on ELECTRONIC WASTE MANAGEMENT. The programme was conducted by the Ministry of Electronics and Information Technology (MEITY), as a part of providing the awareness on "Environmental Hazards of Electronic Waste".

December 10-16, 2018: NATIONAL INTEGRATION CAMP

NSS volunteer secretaries Aneesh S. (II BSc Psychology) and Rejani Rajan (II BA Economics) were participated in the National Integration Camp conducted in these days at Sai Gramam, Sri Satya Sai Arts and Science College, Thonnakkal, Thiruvananthapuram.

December 22-28, 2018: ANNUAL SPECIAL CAMP

The annual special camp of the NSS units of the college is conducted from 22 December, 2018 to 28 December, 2018 at Govt. S.N.D.P. School, Pattathanam, Kollam. 100 volunteers participated in the camp.

During the special camp, volunteers conducted a rally to create an awareness about the Suchithwa Mission activities and to transfer a lesson of cleanliness to the general public. Also volunteers cleaned and washed the kitchen in the camping school and renewed it through painting.

January 26,2019: REPUBLIC DAY CELEBRATIONS

Republic day celebrations conducted in the campus jointly by NSS units and NCC volunteers. The college Principal Dr. Vincent B. Netto hoisted the National Flag. Volunteers and cadets sung the National Anthem and saluted the flag.



January 26, 2019: FRUIT PARK FURNISHING WORKS

200 volunteers took part in the finishing works of the fruit park in the campus, which is set up by NSS volunteers. They tilled and cleaned the unwanted grass in the park. The saplings are surrounded by protective fencing. The activities started by 10.00 am and finished by 4.00 pm.



January 30, 2019: GANDHI PEACE FOUNDATION RALLY

30 NSS volunteers participated in the peace rally organised by Gandhi Peace Foundation, Kollam Chapter, on Gandhiji's martyr's day. The rally was from Chinnakkada to Kollam beach, which was started by 7.30 am.



February 01, 2019: INAUGURAL RALLY OF 31 KERALA SCIENCE CONGRESS

More than 150 NSS volunteers participated in the inaugural rally of 31 KERALA SCIENCE CONGRESS. The rally started from QAC road, Kollam by 3.00 pm, passed through college junction, Karbala junction and reached Fatima College by 3.45 pm.





February 14, 2019: AWARENESS SEMINAR- KOLLAM CORPORATION

Officers from Kollam Corporation, Mrs. Aswany Krishna (City Mission Manager, Natural Urban Livelihood Mission-NULM), Mr. Vijan B.(Senior Clerk) and Mrs. Priyanka S.(Engg.,Pradhan Manthri Avas Yojana), were conducted a n awareness seminar on 14 February, 2019. The seminar explained the various programmes of Central & State governments which are planned to act in the Kollam Corporation limit. It also aimed at explaining the role of students in acting as volunteers for the government programmes.





February 16, 2019: FRUIT PARK FINISHING WORKS

200 volunteers took part in the finishing works of the fruit park in the campus, which is set up by NSS volunteers. The saplings are surrounded by protective fencing. They tilled and cleaned the unwanted grass in the park. A fencing is made for the park. The activities started by 10.00 am and finished by 4.00 pm





February 22, 2019: COLLECTION & DISTRIBUTION OF USED DRESS.

College NSS units and “Palathulli Peruvellam Society” (an All Kerala Charitable Society) jointly conducted a programme to collect used dress for all ages for the members of Gandhi Bhavan, Pathanapuram, Kollam. Volunteers collected and sorted the used dresses. Dr. Gretta Ildaphonse, Vice-Principal of the college handed over the collected dresses to Mr. B. Pradeep(Retd. Jail D.I.G., Executive Manager of Gandhi Bhavan) in presence of the members of the Palathulli Peruvellam Society.





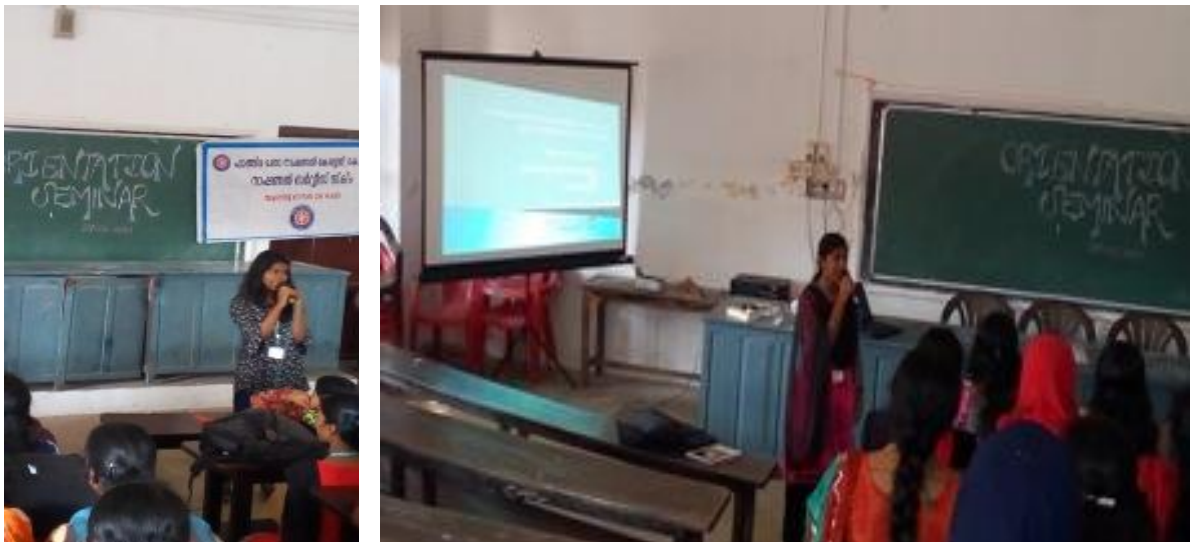
February 23, 2019: TRANSGENDER SEMINAR

District Social Justice Department and College NSS units jointly conducted a seminar on the awareness on “Transgender Issues”. Mr. Sudheer Kumar P., District Social Justice Officer, Kollam delivered the key note address. Mrs. Maya (Consultant, Love Land Arts Society) conducted a class on transgender issues and its solutions. Isha and Sujitha, members of the District Transgender Justice Board, participated in the programme and answered the NSS volunteers for their doubts. Elocution and painting competitions conducted for NSS volunteers based on the transgender issues.



February 27, 2019: ORIENTATION

First year volunteers are given orientation about NSS through a seminar of duration of two and half hours. The seminar was conducted by Ignatius J., NSS Program Officer of the college. Mrs. Asa Stephen, Programme Officer, addressed the volunteers.



February 28, 2019: SEMINAR ON MOBILE RADIATION

More than 100 NSS volunteers participated in the seminar on harmful effects of mobile radiation, which is organised by NSS units and the Department of Physics of our college. The classes were handled by Mrs. Bindhu Cristopher, a guest faculty of the Physics department. The seminar was arranged in the Department of Physics from 2.00 pm to 3.30 pm.

March 30, 2019: FRIUT PARK MAINTANENCE

150 volunteers took part in the maintenance activities of the fruit park in campus. The garden fencing is strengthened. The protective fencings for the trees are also strengthened by volunteers. The activities started by 9.30 am and finished by 3.30 pm.