



NATIONAL SERVICE SCHEME

UNIVERSITY OF KERALA

UNIT No. 26 A & B

FATIMA MATA NATIONAL COLLEGE

(AUTONOMOUS)

KOLLAM

(Grade 'A' Accreditation by NAAC)

REPORT ON THE REGULAR ACTIVITIES FOR THE
YEAR 2016-2017

NSS REPORT ON THE REGULAR ACTIVITIES FOR THE YEAR 2016-17

Fatima Mata National College was established by His Excellency Rt Rev. Dr Jerome Maria Fernandez, the first native Bishop of Quilon Diocese, in the year 1951. The college is accredited by the NAAC with an 'A' Grade. Fatima College pursues the task of preparing young men and women for a rewarding life, providing value based education, and by inculcating in them a scientific temper and a firm commitment to spiritual and moral values. The NSS Units of the college have rendered valuable services towards achieving the vision and mission of the college. There are two units with 200 volunteers under two programme officers. This academic year the college NSS Units was able to implement all NSS programmes organized by the Government and the University of Kerala. The vegetable cultivation project which was implemented three years back was continued. NSS Volunteers from the college attended several camps organized by various government departments. The unit conducted blood donation camp in which a number of NSS volunteers came forward to donate blood during this academic year, which reflects the general spirit of social commitment among them. NSS volunteers also actively participated in the 'Green Campus, Clean Campus' drive initiated by the college.

Dr Vincent B. Netto
Principal

Programme Officers

Dr Manoj S.

Mr Ignatius J.

NSS ACTIVITIES FOR THE YEAR 2016-17

June 05, 2016: World Environment Day

The “World Environment Day” is celebrated by planting saplings in the college campus. The saplings are received from Forest Department. NSS volunteers coordinated planting of saplings and the distribution of saplings among the students and the staff of the college.

June 11, 2016: College Farm Land Preparation (One-day)

The NSS volunteers Cleaned and prepared the plantain field and planted plantain saplings. They also prepared the seed-trays. Near about 100 volunteers participated in the activities.

June 21, 2016: Yoga Day

The “Yoga Day” is celebrated according to the directions given from the Ministry of Youth Affairs. It is planned through a 5-day training programme conducted in the campus for NSS volunteers, NCC cadets and other interested persons. A seminar based on Yoga conducted, after which the demonstration and practice of various “aasanaas” of Yoga were done.

July 01, 2016: Waste Management Seminar

NSS Programme Officer Dr. Manoj S. and two NSS volunteers, Arshas Rahim and Nibin Nelson, attended a seminar on Waste Management conducted at Town Hall, Kollam organised by Kollam Corporation.

July 09, 2016: Farm land activities (One-day)

The NSS volunteers prepared the grow-bags and planted the saplings. They sorted the sapling bags and distributed in proper locations. Near about 100 volunteers participated in the programme.

August 10, 2016: Safe Kollam-Discussion

NSS programme officer Mr. Ignatius J. attended a meeting in the office of the Asst. Police Commissioner, Kollam which discussed a project named “Safe Kollam”. The project is planned to operate by Kollam city police and Lion’s club, Kollam. The project is aimed to execute anti-narcotic awareness among students in Kollam district.

August 12, 2016: Safe Kollam-Promotion Programme

Thirty NSS volunteers of the college participated in “koottayottam”, from Kollam beach to Chinnakkada, organised City Police & Lion’s Club, Kollam in promoting the project “SAFE KOLLAM”. It is a project aimed at anti-narcotic awareness among students of Kollam.

August 12, 2016: Swatch Fatima

A campus cleaning event named “Swatch Fatima” is coordinated by the NSS units. All students and staff were participated in campus cleaning. NSS volunteers gave special attention in removing plastic waste from the campus.



August 15, 2016: Independence Day

The “Independence Day” is celebrated by flag hoisting done by the Principal at 8.00 am. The Principal inaugurated the sapling of plants received from the police department. NSS volunteers planted sapling in the campus as a part of the day observation.

September 20 & 22: P.O. s Meeting

NSS programme officers Dr. Manoj S. and Mr. Ignatius J. have attended the programme officers meeting on 20 & 22, September at Senate Chamber, University of Kerala, Thiruvananthapuram.

September 27, 2016: Enrolment

The enrolment of first year (first semester) students as NSS volunteers is done from 2.45 pm to 4.30 pm. 154 students are enrolled out of 240 participants.



October 04, 2016: Memory Training seminar

A seminar on “Memory Training” is arranged for the NSS volunteers, in the Jubilee Memorial Seminar Hall, in the afternoon session. Mr. Rajesh Maheswar, a well-known memory trainer handled the session.

October 07, 2016: World Paliative Care Day Celebrations

The World Paliative Care Day Celebrations was organised by the coordination of NSS units and District Medical Office, Kollam. The district-wise inauguration of “Paliative Care Project, Kollam” was done by Adv. V. Rajendra

Babu, Mayor, Kollam Corporation, in a meeting in the Jubilee Memorial Hall of the college. A seminar on “The Role of Students in Paliative Care” is also conducted in which Dr. Shaji M., Medical Officer, Paliative Care, Kollam, conducted the class.

October 15, 2016: Grow-bag farming activities (One-day)

The NSS volunteers participated in grow-bag re-setting activities. They prepared the seed-trays. Near about 100 NSS volunteers participated in the activities.

October 22, 2016: Orientaion

An orientation programme was arranged for the first year NSS volunteers on 22 October 2016, from 10 am to 1 pm. The orientation sessions are handled by the programme officers of the college.

November 04, 2016: ARDRA 2016

“ARDRA 2016”, a stem-cell donation drive was conducted in the campus. An awareness class on The Importance of Stem-cell donation was given by Mr. Aby Sam John, the Kerala coordinator of ‘DATRI Stem-Cell Donor Registry’. The programme was in the morning session, from 10.00 am to 1.00 pm.



November 12, 2016: Grow-bag farming activities (One-day)

The NSS volunteers planted the saplings in Grow bags and arranged the bags in the field. More than 100 volunteers participated in the activity.

November 26, 2016: Dowry Prohibition Act-Seminar

Thirty NSS volunteers participated in a seminar on “Dowry Prohibition Act”, arranged in QSS seminar hall, Kollam. The seminar is organised by the “Women Protection Office” of the Social Justice Department, District Office, Kollam.

December 19-25, 2016: Annual Special Camp

The seven day NSS Annual Special Camp is conducted from 19 to 25 of December 2016, at ‘Sreyas’, Parimanam, Kollam. The theme of the camp was “Unity Through Secularism” and the classes and seminars were arranged accordingly. 100 volunteers were participated in the camp.





January 26, 2017: Republic Day

The Republic Day celebrations are coordinated by the NSS and NCC of the college. The college Principal hoisted the flag. A campus cleaning event was executed after that.

March 07, 2017: Preservation of Ground Water- Seminar

15 NSS volunteers participated in the seminar on “Preservation of Ground Water”, organised by the Ground Water Department, Kollam, arranged at the Seminar Hall, Bishop Jerome Nagar, Kollam. The seminar was on the topic “Ground Water: Law, Consumption & Control”.

March 13, 2017: Blood Donation Camp

A blood Donation Camp was organised by the NSS, Dept. of Commerce and Community Health Club of the college. A team of IMA (Indian Medical Association), Kollam, conducted the camp. Many students participated in the camp out of which 46 donated their blood.



March 15, 2017: World Consumer Day- Seminar

8 NSS volunteers participated in a seminar on the celebration and awareness on “World Consumer Day”, arranged in the Public Library Hall, Kollam. The seminar was on the topic “Consumer Rights in The Digital Age”. The seminar was arranged by the Kerala State Consumer Department.

NB: SUPPORTING DOCUMENTS ARE ATTACHED AFTER THIS.