

FMNC Undergraduate Students Induction Programme – ‘Deeksharambh 2021’

The Undergraduate Students Induction Programme, ‘Deeksharambh 2021’, held from 4th to 8th October 2021, was organized by Fatima Mata National College, Kollam to welcome and orient the newly admitted undergraduate students. The aim of the programme was to acquaint them with the college’s culture, values, facilities, and services, while also providing essential information to facilitate a smooth transition into university life. The induction programme was led by the respective deans, who played a pivotal role in introducing the students to various aspects of campus life.

Discipline: During Deeksharambh 2021, the deans emphasized the significance of maintaining discipline on campus. They highlighted the importance of adhering to the university's rules and regulations, attendance policies, and academic integrity. By explaining the consequences of violating these guidelines, the deans set a strong foundation for creating a disciplined academic environment. They encouraged students to develop a sense of responsibility and self-discipline, which are crucial for their personal and academic growth.

Facilities and Services: The deans provided detailed information about the university's state-of-the-art facilities and services available to the students. This included:

1. **Library:** The deans introduced the students to the vast collection of books, research journals, and digital resources available at the university's library. They emphasized the importance of utilizing these resources to enhance their academic knowledge and research skills.
2. **Laboratories:** FMNC boasts well-equipped laboratories in various departments, and the deans showcased the opportunities for hands-on learning and experimentation. They encouraged the students to make the most of these facilities to gain practical experience in their chosen fields.
3. **Cafeterias and Dining Services:** The deans briefed the students about the on-campus cafeterias and dining services, which provided a variety of nutritious and hygienic food options.
4. **Sports and Recreation:** FMNC promotes a healthy lifestyle, and the deans highlighted the sports facilities available for students. They encouraged active participation in sports and recreational activities for physical and mental well-being.
5. **Health and Medical Services:** The deans introduced the university's health center and medical services, ensuring students knew where to seek medical assistance when needed.

Counseling and Support: Recognizing the challenges that students may face during their academic journey, the deans emphasized the availability of counseling and

support services. These services aimed to provide emotional, academic, and career guidance to help students deal with stress, anxiety, and any other concerns they might encounter during their time at the university.

1. **Academic Counseling:** The deans introduced academic advisors who would guide students in choosing appropriate courses, setting academic goals, and addressing any academic difficulties.
2. **Personal Counseling:** They highlighted the availability of professional counselors who were trained to offer support and assistance for personal and emotional challenges.
3. **Career Services:** The deans informed students about the career services center, which provided guidance on career planning, job placements, internships, and skill development workshops.

Conclusion: The FMNC Undergraduate Students Induction Programme - Deeksharambh 2021 was a resounding success. The deans' efforts in introducing discipline, facilities, services, and counseling resources laid a strong foundation for the new students to embark on their academic journey with confidence and enthusiasm. By providing comprehensive information and support, the induction programme ensured that the students were well-prepared to excel in both their academic pursuits and personal growth throughout their university life.



FMNC_Deeksharambh - Day 1



FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS)

KOLLAM-691 001

(Reaccredited with 'A' Grade by NAAC)



Deeksharambh 2021

**Undergraduate Students Induction Programme
4-8, October 2021**

Zoom Meeting Link -

<https://zoom.us/j/98767986898?pwd=RmdXc0xZykhrdEJTMWFhbGN2TWpRZz09>

Webinar ID - 98767986898

Passcode - 254308

Dear Students,

We welcome all the first year students to an enriching college life. As per UGC mandate, we are conducting an induction programme '**Deeksharambh**' from October 4 to October 8 in association with the IQAC, FMNC. The induction programme will introduce you to the various academic and extracurricular activities of the college. Talks by eminent personalities have been included, which will help you to become responsible citizens of our country. All the first year students should attend this programme without fail

Yours faithfully,

General Convenors

Dr. Cynthia Catherine Michael
(Vice Principal)

Dr. M.R. Shelly
(Vice Principal)

Joint Co-ordinators

Dr. Saju Sunny
(HOD, Dept. of Pby. Edu.)

Ms. Nisha Thomas
(HOD, Dept. of Zoology)

Dr. Jojo P.J.
(Principal)

Co-ordinator

Mr. Manoj Kumar V.
(Dean of Student affairs)

Technical Co-ordinators

Dr. Sijin K.S.
(Assi. Professor, Dept. of Psychology)

Mr. Nibin Nelson
(Asst. Prof. Dept. of English) (SF)

04-10-2021 Monday

- 9.30 a.m. Prayer Song : College Anthem
- Welcome : **Dr. Cynthia Catherine Michael**
(Vice Principal, General Convenor)
- Presidential Address : **Dr. Jojo P.J.**
(Principal)
- Inaugural Address : **Very Rev.Fr. Anil Jose**
(Manager)
- Keynote Address : **Dr. Christy Fernandez IAS**
- Benedictory Address : **Rev. Fr. Dr. Abhilash Gregory**
(Pro-Manager)
- Felicitation : Sri. Reghukumar G.
(Vice President, PTA)
- Towards a disciplined
community : **Dr. M.R. Shelly**
(Vice Principal)
- Vote of thanks : **Dr. Biju Mathew**
(Secretary, PTA)

05-10-2021 Tuesday

9.30 a.m. Prayer Song : College Anthem

Welcome : Dr. Noeline B. Fernandez
(*Deam of Science*)

Effective Parenting : **Dr. Ancy Joseph**
[*Principal in charge (Rtd.)*]

11 a.m. Experiences of an I.A.S Topper
: Dr. Anchu Wilson

11.30 a.m. Know your Fatima
: Dr. A.R. Titus
(HOD, Department of Economics)

12.00 noon Students services and Facilities
: **Dr. Shaiju P.N.**
(IQAC Co-ordinator)

12.30 Mentoring and Counselling
: **Dr. Anil Jose**
(HOD, Department of Psychology)

Vote of thanks : Dr. Patricia John
(HOD, Department of Malayalam)

06-10-2021 Wednesday

- 9.30 a.m. Prayer Song : College Anthem
- Welcome : Ms. Mini V.
(Secretary, Staff Association)
- Cyber crimes** : **Mr. E.S. Bijumon**
*(Additional SP, Thiruvananthapuram
Rural and Hitech cell)*
- 11 a.m. Examination - Rules and Regulations
: Dr. Manohar D Mullassery
(Controller of Examinations)
- 11.30 a.m. Extension Activities of the College
: **Dr. Supriya M.**
(Dean of Arts & Commerce)
- 12 noon Challenges of Physical Inactivity
: **Dr. Saju Sunny**
*(HOD, Department of Physical
Education)*
- 12.30 p.m. Scholarships
: Dr. Sangeetha Vincent
*(Assistant Professor,
Dept. of Commerce)*
- Vote of thanks : Dr. Sheena Mary
(HOD, Department of Physics)

07-10-2021 Thursday

9.30 a.m. Prayer Song : College Anthem

Welcome : Rev. Fr. Vinod Selestin
(Bursar, Assistant Professor,
Dept. of English)

What am I to be : **Mr. S. Muralidharan**
(Alumni, Former CEO, BMW)

11.00 a.m. Add On and Value Added Courses
: **Ms. Nisha Thomas**
(HOD, Dept. of Zoology)

12.15 p.m. Library Facilities
: Mr. Prijith Jacob Thomas
(Librarian)

11.45 a.m. Introduction to :

NSS - **Asa Stephan** (Former Programme Officer)

NCC - (Sub Lt.) Mr. Sunil A. (Asst. Professor, Dept. of Physics)

WWS & SSP - Dr. Clara B. Reshma (HOD, Dept. of English)

AICUF - Dr. Mary Nancy (Asst. Professor, Dept. of Chemistry)

Vote of thanks : Dr. Ann Varghese
(HOD, Dept. of Mathematics)

08-10-2021 Friday

9.30 am : **Department Induction
Programme**

Organised by each Department

(Students & Parents will have to log on to the
Google Meet through the link provided by the
Department concerned)





Zoom Meeting Link -

<https://zoom.us/j/98767986898?pwd=RmdXc0xZykhrdEJTMWFhbGN2TWpRZz09>

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FMNC Post Graduate Students Induction Programme – ‘Deeksharambh 2021’



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DEEKSHARAMBH-2021 PG INDUCTION PROGRAMME

23.11.2021 Tuesday - College Auditorium

9 am - Prayer Song

Welcome

Presidential Address

Inaugural Address

Benedictory Address

Keynote Address

Felicitation

Vote of thanks

College Anthem

Dr. Cynthia Catherine Michael (*Vice Principal*)

Dr. Jojo. P.J. (*Principal*)

Rev. Fr. Anil Jose (*Manager*)

Rev. Fr. Dr. Abhilash Greogry (*Pro-Manger*)

Dr. Sunil Kumar IAS (*Former Chief secretary*)

Dr. Supriya M (*Dean of Arts & Commerce*)

Dr. Noeline B. Fernandez (*Dean of Science*)

Dr. Biju Mathew (*Secretary, PTA*)

Dr. Saju S. (*HOD, Physical Education*)

Tea Break

11am

Dr. M.R. Shelly (*Vice principal*)

Dr. A.R. Titus (*HOD, Economics*)

Dr. Manohar D. Mullassery

(*Controller of Examinations*)

Dr. Shaiju P.N.

(*IQAC- Co-ordinator*)

Sri.Prijith Jacob Thomas

(*Librarian*)

Vote of thanks

Student Architects of Future

Know Your Fatima

Examination System @ Fatima

Resources @ Fatima

Library Facilities

Mr. Manoj Kumar V. (*Dean of Student Affairs*)

Supported by
Parent Teachers Association & Internal Quality Assurance Cell
FATIMA MATA NATIONAL COLLEGE

