

FATIMA MATA NATIONAL COLLEGE

AUTONOMOUS

(Reaccredited with 'A' Grade by NAAC)

Affiliated to University of Kerala



7.1.9 Activities related to Constitutional Obligations

IQAC INTERNAL QUALITY ASSURANCE CELL

7.1.9: Sensitization to constitutional obligations: values, rights and duties of a responsible citizen

- **Independence Day and Republic Day**

Every year FATIMA celebrates national days like Independence Day, Republic Day, and Gandhi Jayanthy with due reverence and enthusiasm. On Independence Day and Republic Day, Principal hoists the national flag. National anthem is sung. Principal delivers the message of the day.



The outstanding achievement of our Naval NCC Cadet

Arun P. Senan, second year student of BSc Botany, represented the Kerala and Lakshadweep NCC Directorate in the **Republic Day Parade-2018** at New Delhi. He is an outstanding performer in Ship Modelling. He is the only Naval NCC cadet from 3(K) Naval Unit NCC, Kollam, who attended the Republic Day Camp.



• GANDHI JAYANTHI



• **National Integration Day**

FATIMA celebrates National Integration Day on November 19th to commemorate the birth anniversary of Indira Gandhi. It is also observed week long as Communal Harmony Week, conducting a variety of competitions upholding the values of secularism and nationalism.

A consolidated report on the **Observance of Communal Harmony Campaign Week and Flag day** from 19.11.2017 to 25.11.2017 is given below

Date	Programme	Prize winners (First Prize)
19.11.2017 & 20.11.2017	1. Communal Harmony student chain 2. Oath taking ceremony Deliverance of Oath: Principal	--
21.11.2017	3. Essay Competition : Malayalam Subject: National Integration & Communal Harmony	Mr Viknesh P Kumar <i>Third Year B A History</i>
	4. Essay Competition : English Subject: National Integration & Communal Harmony-Rehabilitation of the victims of Communal riots	Ms. Parvathy B.M <i>Second Year B.A English</i>
	5. Essay Competition : Hindi Subject : National Integration & Communal Harmony	Kashinadh <i>Second Year B.Sc Zoology</i>
22.11.2017	6. Patriotic Song Competition	Students of B.Sc Mathematics Stephen <i>Third Year</i> Jidhusilva <i>Third Year</i> Sneha <i>Third Year</i> Annie <i>Third Year</i> Divya <i>Third Year</i> Petricia <i>Second Year</i> Alvin <i>First Year</i> Jerome Daniel C Felix

23.11.2017	7. Quiz Competition Subject : National Integration & Communal Harmony	Prajeesh B Pillai Third Year B.A English Harikrishnan Third Year B.Sc Botany
24.11.2017 & 25.11.2017	8. Flag Day -Raising funds through voluntary contribution from students and staff (collected an amount of Rs.8200/-)	---

Observance of Communal Harmony Campaign Week and Flag day from 09.12.2019 to 13.12.2019

FATIMA MATA NATIONAL COLLEGE (AUTONOMOUS), KOLLAM
Observance of Communal Harmony Campaign Week and Flag day from 9.12.2019 to 13.12.2019
Schedule of Activities

Day	Date	Interdepartmental Activities	Time	Venue	Coordinating Department	Staff Consultant
1	9.12.2019 Monday	Communal Harmony Fatima chain	10.00 a.m	College Campus	Physical Education	Dr Saju S
		Oath taking ceremony- Deliverance of Oath	10.10 a.m	---	Malayalam	Dr Shelly M.R
		Painting competition: Rehabilitation of the victims of Communal riot	12.00 noon	Botany Seminar hall	Botany	Ms Reshna Benson
		Elocution competition -English Topic: Proud to be an Indian	2.00 p.m	Hall No.214	English	Mr Christy Clement
2	10.12.2019 Tuesday	Patriotic Song Competition	2.30 p.m	Hall No.207	Mathematics	Ms Ann Varghese
		Debate on National Integration and Linguistic diversity	2.00 pm	Hall No.108	Malayalam	Dr A.S. Pratheesh
		Essay Competition: Malayalam Topic: Know my India	3.00 p.m	Zoology Seminar hall	Zoology	Dr Vijayarajee A.S
		Slogan writing competition on National Integration and Communal Harmony	4.00 p.m	WhatsApp no. 9207825507	Commerce	Fr Samu Francis
3	11.12.2019 Wednesday	Essay Competition -Hindi Topic: Rehabilitation of the victims of Communal riots	4.00 p.m	Hall No:108	Hindi	Dr Jisha P.
		Elocution competition (Malayalam) Topic: The role of Youth in fostering communal harmony	12.00 noon	F 2-SF Block	Self-Financing Stream	Mr Nbin Nelson
		Paper presentation competition- Topic: Communal Harmony and sustainable Development of the country.	10.00a.m	Bp Stanley Roman Hall	Economics	Mr Manu V
4	12-12-2019 Thursday	Essay Competition-English: Topic: Teachings of different religions in India	3.00 p.m	Dept. of History	History	Dr Divya S.
		Poster competition on National Integration & Communal Harmony	11.00a.m	Dept. of Physics	Physics	Mr Samil A
		Quiz competition on National Integration & Communal Harmony	12.00 noon	Chemistry Gallery	Chemistry	Ms Sherni Mol C. B
		Debate on National Integration and Communal Harmony	2.00 p.m	Hall No.115	Psychology	Dr Sajumon P.P
5	13-12-2019 Friday	Troll Competition on Communal Harmony and sustainable Development of the country.	3.00p.m	WhatsApp no. 9961969939	Mathematics	Ms Ann Varghese
		Flag Day -Raising funds through voluntary contribution from students and staff	10.00a.m	---	Organizing Committee	Ms Grata Ildaphouse Dr Shelly M.R Dr Supriya M Mr Girish U

'Communal Harmony Student-Staff Chain' was conducted as part of Communal Harmony Campaign. The **Oath on 'Communal Harmony'** was undertaken by the Principal, Staff and students of the College.





• **SardarVallabhbhaiPatel Observance Day**

FATIMA observes the birth anniversary of SardarVallabhbhai Patel On October 31st, by conducting Unity Run.

“Nation salutes SardarVallabhbhai Patel” observance Day on 31.10.2017
<u>REPORT</u>
The college has observed the “Nation salutes SardarVallabhbhai Patel” on 31.10.2017 by conducting the following items of events.
1. Unity Run - has been conducted in the street near the college in which more than 100 students participated. Placards containing the unity slogan have been carried by the participants during Unity Run.
2. Elocution competition - Five students participated in the elocution competition. The subject for elocution is ‘Relevance & Importance of Sardar Patel in today’s India’ .
3. The message to honour birth anniversary of Sardar Patel has been announced through the sound system in the college which enabled all students of the college to understand the relevance of the day.
4. The photographs of all the above events has been taken and copies are enclosed here with for reference.
Organizing Committee
1. Dr Shelly M.R, HoD, Department of Malayalam (Convener)
2. MrGirishU . Assistant Professor in Sanskrit,
3. MrArun J.G, Guest Lecturer, Department of Malayalam
Grata Ildaphonse
Vice Principal

• **NSS and NCC (ARMY and NAVY) UNITS**

The College has to its credit a very efficient NCC and NCC (Army and Navy) units, which groom the “Leaders of Tomorrow”. All these Units are at the forefront organising various activities in the College.

Outstanding achievements of four Naval NCC Cadets during 2017-18



Cadet **Amalraj M**, second year B.Sc Chemistry student, represented the Kerala and Lakshadweep NCC Directorate in the **All India NCC Yachting Regatta-2017** held at Naval Base, Chilka. He is an outstanding Sailor.



Petty Officer Cadet **Ansia Badar**, Third year B.Com student, represented the Kerala and Lakshadweep NCC Directorate in the **All India NauSainik camp-2017** held at Naval Base, Karwar. She is an outstanding performer in Ship Modelling.



Cadet **Sandeep Salton**, second year BSc Physics student, represented the Kerala and Lakshadweep NCC Directorate in the **All India NauSainik camp-2017** held at Naval Base, Karwar. He is an outstanding performer in Whaler Boat Rigging



Leading Cadet **Daniel C**, third year Economics student, represented the Kerala and Lakshadweep NCC Directorate in the **All India NCC Yachting Regatta-2017** held at Naval Base, Chilka. He is an outstanding Sailor Cadet

- **NATIONAL FESTIVALS**

To value and preserve the rich heritage of our composite culture is integral to our Constitutional responsibility. To perpetuate this tradition, the college conducts all festivals like Onam, Christmas, Eid and Holi.

ONAM CELEBRATIONS











CHRISTMAS CELEBRATIONS



ബ്രഹ്മചാരികളുടെ ക്രിസ്മസ് ആഘോഷം...



ക്രിസ്മസ് ആഘോഷമാണുനടന്നുവന്നിട്ടു കഴിഞ്ഞു. ഹാജരായ മറ്റൊരു കേരളത്തിൽ നടത്തിയ മത്സരത്തിൽ പാങ്കുൾക്കൊന്നിന് സമാനതയുണ്ടാകും.

ചിത്രം: മേനോൻ





HOLI CELEBRATIONS



• HUMAN RIGHTS FORUM

FATIMA has constituted a Human Rights Forum to sensitize students to the significance of inalienable human rights of every Indian citizen, and also how to respond if these rights are violated. The Forum regularly conducts awareness classes and arranges talks on topics like “Various kinds of Human Rights Violation in Kerala”, “The Exploitation of Women in the Job Industry”, “Human Rights and its Significance in the 21st Century”, “Does Globalisation Deny Rights to the Common man”?, “Understanding Diversity will Ensure Human Rights to All” etc. Human Rights Day is also celebrated on 10.12.2015.

- A Talk on **Rights to Safe Drinking Water** 25.10.2014
organised by Human Rights Forum, FMNC, Kollam and Dr. Kishore Ram, Asst. Prof, NSS College, Kottiyam was the Resource Person
- A Seminar on **Human Rights Issues of Women, Children, Disabled Persons And Senior Citizens** 03.03.2015
organised by Human Rights Forum, FMNC, Kollam. Adv. Vinaya Chandran was the Resource Person.
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- **ELECTORAL LITERACY CLUB**

The Electoral Literacy Club is constituted in the College as per the instruction of the Election Commission of India for strengthening the culture of electoral participation among young and future voters, to help them understand the value of their vote, and to convince them that 'Every Vote is Precious'. Under the auspices of the Electoral Club, talks on 'Role of mass media in democracy', 'The Role of Youth in Indian Democracy', "Strong Democracy Needs Huge Participation" also have been arranged.

- **SEMINARS AND COMPETITIONS CONDUCTED ON TOPICS RELATED TO CONSTITUTION**

FATIMA has also organized activities on topics related to Constitutional awareness, like essay competition on "Constitution and Legal Safeguards for Women", National Seminar on "Constitution of India: The Changing Dimensions", seminar on "Challenges to Indian Democracy" etc.

Women's Study Unit, along with National Commission of Women conducted an Essay competition on the topic "Constitution and Legal Safeguards for Women" on 16.11.2017.

Women's Study Unit

National Commission of Women Guidelines

Topic for Essay Writing Competition

"Constitution and Legal Safeguards for Women"

or

"സ്ത്രീകളും ഭരണഘടന നിയമ പരിരക്ഷയും"

Date : **November 16th, 2017**

For Registration contact
Dr. Apsara A P
Department of Chemistry

Laws relating to Women Right & Empowerment
Dowry prohibition Act, Protection of Women from Domestic Violence, Prevention, Prohibition & Redressal Act 2013, Maternity Benefit Act, Minimum Wages Act, Immoral Traffic Prevention Act, SC and ST Amendment ACT.

Principal
26/11/17



Women's Study Unit
Essay Writing Competition

"Constitutional and Legal Safeguards for Women"

Or

"സംരക്ഷണവും ഭരണഘടനയിലെ നിലവിലുള്ള പരിരക്ഷയും"

REGISTRATION					PARTICIPATION	
Roll No.	Name	Class	Subject	Signature		Remarks
1	Blessy Thomas	IMSc &	Physics			
2	BINCY J	I BSc	BOTANY			
3	SHARON G	II MSc	CHEMISTRY			
4	ASHA. P	I MA	Malayalam			
5	Bertina B Absu	II B A	Economics			
6	Bubi Mol	II B A	Economics			
7	Ann Juli Fredy	II BSc	Polymer Chemistry			
8	Sony F Melvin	II BSc	Polymer Chemistry			
9	Geena Johnson	II BSc	Polymer Chemistry			
10	Anjali Das	II BSc	Polymer Chemistry			
11	Bindhu S	II BSc	Polymer Chemistry			
12	Anchu R	II BSc	Chemistry			

Convener

Dr. Apsara A P

Principal

Dr. Vincent B Netto

Women's Study Unit

Essay Writing Competition

"Constitutional and Legal Safeguards for Women"

Or

"സംരക്ഷണവും ഭരണവും നിലവിലുള്ളവയും"

REGISTRATION					PARTICIPATION	
Roll No.	Name	Class	Subject	Signature		Remarks
13	Gayathri B	II BSc	Chemistry	Gayathri		
14	Akhila B.S	II BSc	Botany	Akhila		
15	Anuysa .M	II BSc	Botany	Anuysa		
16	Jithi C. Shaji	I BA	English	Jithi	Jithi	
17	Sreelakshmi J.S	I BA	English	Sreelakshmi	Sreelakshmi	2nd
18	Aanya Charles	I M.Sc	Chemistry	Aanya	Aanya	
19	Haritha Raj's	I M.Sc	Chemistry	Haritha		
20	Akhila Suresh	I B.S-C	Polymer Chemistry	Akhila		
21	Sainu Raju	II B.Com	B.Com	Sainu		
22	Sreelakshmi A.S	II B.Com	B.Com	Sreelakshmi		
23	Liji Joy	II B.Sc	Maths	Liji	Liji	
24	Anju Varghese	II B.Sc	Maths	Anju V	Anju V	

Convener

Dr. Apsara A P

Principal

Dr. Vincent B Netto

Women's Study Unit

Essay Writing Competition

"Constitutional and Legal Safeguards for Women"

Or

"സംരക്ഷണവും ഭരണഘടനയും സ്ത്രീകൾക്കുള്ളതാണ്"

REGISTRATION					PARTICIPATION	
Roll No.	Name	Class	Subject	Signature		Remarks
13	Gayathri B	II BSc	Chemistry	<i>Gayathri</i>		
14	Akhila B.S	II BSc	Botany	<i>Akhila</i>		
15	Susya .M	II BSc	Botany	<i>Susya</i>		
16	Jithi. C. Shaji	I BA	English	<i>Jithi</i>	<i>Jithi</i>	
17	Sreelakshmi J.S	I BA	English	<i>Sreelakshmi</i>	<i>Sreelakshmi</i>	2 nd
18	Aanya Charles	I M.Sc	Chemistry	<i>Aanya</i>	<i>Aanya</i>	
19	Haritha Raj.s	I M.Sc	Chemistry	<i>Haritha</i>		
20	Akhila Suresh	I B.S.C	Polymer Chemistry	<i>Akhila</i>		
21	Sainu Raju	II B.com	B.com	<i>Sainu</i>		
22	Sreelakshmi.A.S	II B.com	B.com	<i>Sreelakshmi</i>		
23	Liji Joy	II B.Sc	Maths	<i>Liji</i>	<i>Liji</i>	
24	Anju Varghese	II B.Sc	Maths	<i>Anju.V</i>	<i>Anju</i>	

Convener

Apsara
Dr. Apsara A P

Principal

Vincent
Dr. Vincent B Netto

Women's Study Unit

Essay Writing Competition

"Constitutional and Legal Safeguards for Women"

Or

"സംരക്ഷണവും ഭരണവും നിലവിലുള്ള നിയമങ്ങളും"

REGISTRATION					PARTICIPATION	
Roll No.	Name	Class	Subject	Signature		Remarks
25	Vidya V.G	II BSc	Mathe	<u>Vidya</u>	<u>Vidya</u>	
26	Reenu N	II Bsc	Mathe	<u>Reenu</u>	<u>Reenu</u>	
27	Arya S. Nair	III BSc	Chemistry	<u>Arya S.</u>	<u>Arya S.</u>	
28	Aswathy R	III BSc	Chemistry	<u>Aswathy</u>	<u>Aswathy</u>	1 SE
29	Manjusha Chacko	III B.A.	History	<u>Manjusha</u>	<u>Manjusha</u>	
30	Gracelma V	III B.A	History	<u>Gracelma</u>		
31	Pooja Anilakose	II B.Sc	Physics	<u>Pooja</u>		
32	Athira Suresh B	II BSc	Physics	<u>Athira</u>		
33	Athira Rajendran	II BSc	Physics	<u>Athira</u>		
34	Anjana Rajendran	II BSc	Physics	<u>Anjana</u>		
35	Preetha Prasraj	II BSc	Chemistry	<u>Preetha</u>	<u>Preetha</u>	

Convener


Dr. ApSara A P

Principal

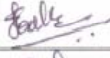
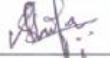
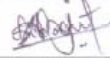
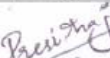
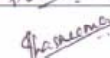

Dr. Vincent B Netto

Women's Study Unit

Essay Writing Competition

"Constitutional and Legal Safeguards for Women"

Or

REGISTRATION					PARTICIPATION	
Roll No.	Name	Class	Subject	Signature		Remarks
1 36	Jeeva. Vaghese	11 B.sc	Psychology			
2 37	Shifa. Saif	11 B.sc	"			
3 38	Abida. Joy	11 B.COM	B.COM			
4 39	Prasitha Prernaj	11 B.Sc	Physics		Prasithaj	3 rd
5 40	Jhasneema . R	11 BA	Histogy			
6						
7						
8						
9						
10						
11						
12						

Convener


Dr. Apsara A P

Principal


Dr. Vincent B Netto

- **NATIONAL SEMINAR ON "CONSTITUTION OF INDIA: THE CHANGING DIMENSIONS" conducted by Department of History and Political Science on 08.12.2015**



- **Seminar on "Challenges To Indian Democracy conducted by Department of History and political Science along with Institute of Parliamentary Affairs, Govt. of Kerala, Trivandrum on 22.01.2018**





IQAC